

मिनरल एक्सप्लोरेशन कॉर्पोरेशन लिमिटेड  
(भारत सरकार का उद्दयम)  
MINERAL EXPLORATION CORPORATION LIMITED  
(GOVERNMENT OF INDIA UNDERTAKING)

Seminary Hills  
Nagpur – 440006  
Date: 14.06.2018

MECL/HR/IR/Yoga/2018/ 3230

HUMAN RESOURCE DIVISION

CIRCULAR

Subject: International Yoga Day celebration on 21<sup>st</sup> June, 2018 and Practice Session

- INTERNATIONAL YOGA DAY – 21<sup>st</sup> JUNE, 2018

The International Yoga Day, 2018 is going to be celebrated in MECL as per the following schedule:

Date: 21<sup>st</sup> June, 2018  
Time: 8.15 AM – 9.00 AM  
Venue: Gurukul Training Centre

- YOGA PRACTICE SESSIONS – 15<sup>th</sup> JUNE to 20<sup>th</sup> JUNE, 2018:

In this regard, it is for the kind information of all employees that a practice session shall be conducted prior to the celebration under the guidance of Shri O.R.Tale, DGM (IT/ERP), as per the following schedule:

Date of Practice: 15<sup>th</sup> June, 2018 to 20<sup>th</sup> June, 2018  
Time: 5.00 PM to 6.00 PM  
Venue: Gurukul Training Centre

All interested participants shall bring their own yoga mat / bed sheet and come in comfortable fitting clothes / sports-wear for yoga practice.

Your kind co-operation is solicited for making this event successful.

*Abhishek Bhattacharjee*  
(Abhishek Bhattacharjee)  
AM (HR) 14.06.2018

Distribution:

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